IEFTA

VIRTUAL

INTRO TO EFT-YOUTH

For therapists new to EFT or experienced with individuals and couples, ready to work with youth, parent-child dyads, co-parents, families, and neurodivergent individuals

LEARN

- Core EFT principles for youth & families
- Working with parent-child & co-parent dyads
- Emotion-focused approaches for neurodivergent (SEN)
- Integrating EFT-Y into your practice

Scan for more information



SPEAKER : DR. MIRISSE FOROUGHE

Clinical Director, Family Psychology Centre. Developer of Emotion Focused Therapy for Youth (EFT-Y). Trained under Prof. Leslie Greenberg, founder of EFT. Author of two books on EFT for youth and caregivers.

Host : Selina Leung
Founder of IEFTA

DATE	TIME	FEE
December 4th, 2026	8pm-11pm EST	$130 USD (EARLY BIRD BY NOV 25: $115 USD