



**Family
Psychology
Centre**

Emotion Focused Therapy for Youth (EFT-Y) Level 1 4-Day Virtual Masterclass

Join Dr. Mirisse Foroughe, Clinical Psychologist based in Toronto, Canada, for this new approach to youth and family therapy: Emotion Focused Therapy for Youth (EFT-Y).

This training is for therapists new to EFT as well as those with EFT experience with adults or couples, looking to gain experience in working with youth, parent-child dyads, co-parent dyads, and families within an emotion focused modality.*

Training Details

July 20th:

9:30am-2pm EST



July 21, 27, and 28th:

8am- 12:30pm EST



Over zoom

(Latvain transcription available)



\$849

(LMI discount available)

About the Facilitator



Dr. Mirisse Foroughe
Training Facilitator

Dr. Mirisse Foroughe, C. Psych. obtained her PhD from York University. She has received numerous awards and accolades for her work, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe directs the Emotion Transformation Institute in Toronto and is the Clinical Director at Family Psychology Centre. She has authored numerous research articles and two books on emotion focused approaches for youth and caregivers.

Join Monday, July 20th ONLY if you have no background in EFT.

Join Tuesday, July 21st if you have previous EFT experience OR participated in July 20th class

**To Register,
Please Contact**

 admin@familypsychology.org



@fpctoronto



@fpctoronto



@familypsychcntr



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