



Emotion Focused Therapy for Youth (EFT-Y) Clinician Virtual Training

Join the first generation of clinicians training in EFT-Y. Clinicians with prior Emotion Focused training and those new to the model are welcome. This training will include theoretical, technical, and practical components reinforced through seminars, video presentations, and experiential skills practice.

About the Facilitator



Dr. Mirisse Foroughe, C. Psych. obtained her PhD from York University. She has received numerous awards and accolades for her work, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe directs the Emotion Transformation Institute in Toronto and is the Clinical Director at Family Psychology Centre. She has authored numerous research articles and two books on emotion focused approaches for youth and caregivers.

Details



Fri, Feb 27, 2026
Sat, Feb 28, 2026



8.00 AM-3.30 PM EST (+5 GMT)



\$599 CAD/\$399 USD

For Registration contact:

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