

Virtual Training



Family
Psychology
Centre

Emotion Focused Family Therapy (EFT-F) Virtual Clinician Training

Join us for your first training or a refresher. EFT-F Core Clinician Training provides foundational skills practice and didactic learning, covering Emotional Support, Therapeutic Apology, Behaviour Coaching, and working through Caregiver and Clinician Blocks.

About the Facilitator

Dr. Mirisse Foroughe, C. Psych. obtained her PhD from York University. She wrote the first book on Emotion Focused Family Therapy for youth and their caregivers, and has received numerous awards and accolades, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching.



Dr. Foroughe is the clinical director at Family Psychology Centre.

Details



Thurs, Feb 26, 2026



8.00 AM-3.30 PM EST (+5 GMT)



\$299 CAD

For Registration contact:

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