



Family
Psychology
Centre

EMOTION FOCUSED THERAPY FOR YOUTH (EFT-Y) LEVEL 2 VIRTUAL CLINICIAN TRAINING

TRAINING DETAILS

- Theory, technique, and practice of EFT adapted for youth and their caregivers
- Training will encompass developmental needs of youth and have a multidimensional systems focus
- Reinforcement of learning will be provided through seminars, video presentations, and experiential skills practice
- Open to medical, mental health and allied health professionals, as well as graduate students in these fields
- This training requires previous EFT- I Level 1 training or experience, or a previous EFT-Y Level 1 training

DATES:

Thursday, October 9th
& Friday, October 10th,
2025 from 9:30am-
4:30pm EST

LOCATION:

Virtual via Zoom

ABOUT MIRISSE

Dr. Mirisse Foroughe, C. Psych. obtained her PhD from York University. She has received numerous awards and accolades for her work, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe directs the Emotion Transformation Institute in Toronto and is the Clinical Director at Family Psychology Centre. She has authored numerous scientific articles and edited two books on emotion focused approaches for youth and caregivers.

REGISTER NOW



Training Fee: \$599 CDN or \$399 USD

REGISTER NOW via email, phone, or web:
admin@familypsychology.org | 416.848.1829
<https://familypsychology.org/upcoming-events/>



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