



Emotion-Focused Therapy for Youth (EFT-Y) Clinician Training

- Join the first generation of clinicians training in Emotion Focused Therapy for youth and their caregivers.
- Clinicians with prior emotion focused training and those new to the model are welcome.
- This training will include: *theoretical, technical, and practical* components reinforced through seminars, video presentations, and experiential skills practice.
- Open to graduate students

Dr. Mirisse Foroughe, C. Psych. obtained her PhD from York University. She has received numerous awards and accolades for her work, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe directs the Emotion Transformation Institute in Toronto and is the Clinical Director at Family Psychology Centre. She has authored numerous research articles and two books on emotion focused approaches for youth and caregivers.



When: November 27th and 28th, 2025 from 9:30am-4:30pm

Where: Glenview Presbyterian Church - 1 Glenview Ave, Toronto ON M4R 1P5

Cost: \$599

Non-Refundable Deposit: \$200

This training is in-person and is limited to 30 clinicians.

Contact Family Psychology Centre for registration:

<https://familypsychology.org/upcoming-events>

admin@familypsychology.org | 416.848.1829



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