

In-Person  
Training



Family  
Psychology  
Centre

## Emotion-Focused Family Therapy (EFFT) Core Clinician Training

Join us for your first training or a refresher. EFFT Core Clinician Training provides foundational skills practice and didactic learning, covering Emotional Support, Therapeutic Apology, Behaviour Coaching, and working through Caregiver and Clinician Blocks.

### About the Facilitator

**Dr. Mirisse Foroughe, C. Psych.** obtained her PhD from York University. She has received numerous awards and accolades for her work, including the CPA P FC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe is the clinical director at Family Psychology Centre.



**When:** September 25th and 26th, 2025 from 9:30am-4:30pm  
**Where:** Glenview Presbyterian Church – 1 Glenview Ave., Toronto  
**Cost:** \$599  
**Early Bird Cost:** \$499 Deadline June 30th, 2025

**This training is in-person and is limited to 30 clinicians.**

Contact Family Psychology Centre for registration:  
<https://familypsychology.org/upcoming-events>  
[admin@familypsychology.org](mailto:admin@familypsychology.org) | 416.848.1829



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