



# EMOTION FOCUSED THERAPY FOR YOUTH (EFT-Y) LEVEL 2 CLINICIAN TRAINING (VIRTUAL)

## TRAINING DETAILS

- Emotion focused therapy for children and adolescents, carers and families is one of the latest developments in EFT
- Training will encompass theoretical, technical, and practical components
- Reinforcement of learning will be provided through seminars, video presentations, and experiential skills practice.
- Open to medical, mental health and allied health professionals, as well as graduate students in these fields
- This training requires previous EFT-I or EFT-Y (Level 1) training
- Level 2 content includes EFT adaptations for parent-child dyads, families, and co-parents

## DATES:

Wednesday, June 4th &  
Thursday, June 5th,  
2025

8:00am-3:00pm EST  
2:00pm-9:00pm CET

## LOCATION:

Online

REGISTER NOW



## ABOUT US

**Dr. Mirisse Foroughe, C. Psych.** obtained her PhD from York University. She has received numerous awards and accolades for her work, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe directs the Emotion Transformation Institute in Toronto and is the Clinical Director at Family Psychology Centre. She has authored numerous scientific articles and edited two books on emotion focused approaches for youth and caregivers.



**Early-Bird by March 13th: \$349**

**Registration Cost: \$499**

**Non-Refundable Deposit: \$200**

Contact Family Psychology Centre for registration  
[admin@familypsychology.org](mailto:admin@familypsychology.org) | 416.848.1829  
<https://familypsychology.org/>



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