



Family
Psychology
Centre

EMOTION FOCUSED THERAPY FOR YOUTH (EFT-Y) CLINICIAN TRAINING

TRAINING DETAILS

- Opportunity to join the first generation of clinicians training in Emotion Focused Therapy for youth and their caregivers.
- Training will encompass theoretical, technical, and practical components.
- Reinforcement of learning will be provided through seminars, video presentations, and experiential skills practice.
- Open to medical and mental health professionals, and graduate students, whether they have prior emotion focused training or are new to the model.

ABOUT US

Dr. Mirisse Forouge, C. Psych. obtained her PhD from York University. She has received numerous awards and accolades for her work, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Forouge directs the Emotion Transformation Institute in Toronto and is the Clinical Director at Family Psychology Centre. She has authored numerous scientific articles and edited two books on emotion focused approaches for youth and caregivers.

Dr. Kristin Thornback, C. Psych. obtained her PhD from York University. She has held positions across numerous settings including community mental health and private practice. Dr. Thornback provides clinical services through her own clinic, [Young Minds Psychology](#), and practices as a supervising psychologist with Family Psychology Centre. Dr. Thornback provides clinical supervision for student and early-career clinicians, and assessment, treatment, and consultation for children, teens, parents, and families.

DATES:

Thursday, Nov 28th &
Friday, Nov 29th, 2024
from 9:30am-4:30pm

LOCATION:

Glenview Presbyterian
Church - 1 Glenview Ave,
Toronto ON M4R 1P5

REGISTER NOW



Registration Cost: \$599
Non-Refundable Deposit: \$200

Contact Family Psychology Centre for registration
admin@familypsychology.org | 416.848.1829



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