



Family
Psychology
Centre

EMOTIONAL FOCUSED THERAPY FOR YOUTH (EFT-Y) CLINICIAN TRAINING

You will Gain:

- Opportunity to join the first generation of clinicians training in Emotion Focused Therapy for youth and their caregivers.
- Training encompassing theoretical, technical, and practical components.
- Reinforcement through seminars, video presentations, and experiential skills practice.
- Open to both graduate students and clinicians, whether they have prior emotion-focused training or are new to the model.

DATES:

October 17th &
18th, 2024 from
9:30am-4:30pm

LOCATION:

Glenview Presbyterian
Church - 1 Glenview
Ave, Toronto ON M4R
1P5

ABOUT THE FACILITATOR

Dr. Mirisse Foroughe, C. Psych. obtained her PhD from York University. She has received numerous awards and accolades for her work, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe directs the Emotion Transformation Institute in Toronto and is the Clinical Director at Family Psychology Centre. She has authored numerous research articles and two books on emotion focused approaches for youth and caregivers.



Early Bird Cost (July 15th, 2024): \$499
Registration Cost after July 15th: \$599
Non-Refundable Deposit: \$200

Contact Family Psychology Centre for registration:
<https://familypsychology.org/upcoming-events>
admin@familypsychology.org | 416.848.1829



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