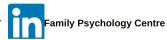


## Family Psychology Centre









## Emotion Focused Family Therapy (EFFT) Caregiver In-Person Workshop

Join us for an EFFT workshop for parents and caregivers of children of any age at <u>1 Glenview Ave. in Toronto, Ontario</u>

Is your child having difficulty regulating intense emotions or behaviour?



Are they **struggling**with anxiety,
depression, eating
disorders, anger,
acting out, parental
separation, or
coping with change?



support your child's emotional regulation, improve your relationships, and set appropriate limits at any age.



Thursday July 18th & Friday July 19th

Contact us at: efft@emotioninstitute.ca

(416) 901-0465

https://familypsychology.org/workshop/

181 Eglinton Avenue E, Toronto