



Emotion Focused Family Therapy Core Clinician training

Join us for your first training or a refresher. EFFT Core provides an overview of foundational skills practice, experiential and didactic learning, covering Emotional Support, Therapeutic Apology, Behaviour Coaching, and working through Caregiver and Clinician Blocks. This training meets requirements for 2 days of training towards IIEFFT and isEFT certification.

About the Facilitator

Dr. Mirisse Foroughe, C. Psych. obtained her Ph.D. from York University. She has received numerous awards and accolades for her work as a clinical psychologist, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe currently directs the emotion transformation institute in Toronto and is the clinical director at Family Psychology Centre. She has authored numerous research articles and authored two books on emotion focused approaches for youth and caregivers.



WHEN: September 19th & 20th 2024 from 9:30am-4:30pm

WHERE: 1 Glenview Ave, Toronto, ON M4R 1P5

COST: \$599

EARLY BIRD COST: \$499 Deadline August 10th, 2024

This training is in-person and is limited to 30 clinicians.

Contact Family Psychology Centre for
registration:

[https://familypsychology.org/upcoming-
events](https://familypsychology.org/upcoming-events)

admin@familypsychology.org

416.848.1829

