



Emotion Focused Therapy For Youth (EFT-Y) Clinician training

Join the first generation of clinicians training in Emotion Focused Therapy for youth and their caregivers. Clinicians with prior emotion focused training as well as those new to the model are welcome. This training will include theoretical, technical, and practical components reinforced through seminar, video presentation, and experiential skills practice. Open to graduate students and individuals with no prior emotional focused therapy training.

About the facilitator

Dr. Mirisse Foroughe, C. Psych. obtained her PhD from York University. She has received numerous awards and accolades for her work, including the CPA P FC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe is the clinical director at Family Psychology Centre.



WHEN: March 14th and 15th, 2024 from 9:30am-4:30pm

WHERE: Glenview Presbyterian Church – 1 Glenview Avenue


COST: \$599

NON-REFUNDABLE DEPOSIT: \$200

This training is in-person and is limited to 30 clinicians.

Contact Family Psychology Centre for
registration:

[https://familypsychology.org/upcoming-
events](https://familypsychology.org/upcoming-events)

admin@familypsychology.org 

416.848.1829 

