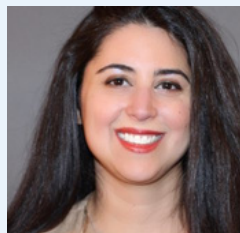




## **Emotional Focused Therapy for Youth (EFT-Y) Clinician Training: Level 1 November 9 & 10, 2023**

**Join the first generation of clinicians training in Emotion Focused Therapy for youth and their caregivers. Clinicians with prior emotion focused training as well as those new to the model are welcome. This training will include theoretical, technical, and practical components reinforced through seminar, video presentation, and experiential skills practice. Open to graduate students and individuals with no prior emotional focused therapy training.**

**Dr. Mirisse Foroughe, C. Psych.** obtained her PhD from York University. She has received numerous awards and accolades for her work, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe directs the Emotion Transformation Institute in Toronto and is the Clinical Director at Family Psychology Centre. She has authored numerous research articles and two books on emotion focused approaches for youth and caregivers.



**When:** Thurs November 9 & Friday November 10, 9am- 4pm EST (GMT -5)

**Where:** Online

**Cost:** \$ 650 CDN

**Early Bird Cost:** \$550 by August 1, 2023

**Discounts:** Graduate students (25%), Participants in LMI Countries (50%)

**This training is online and is limited to 40 clinicians.**

**Contact Family Psychology Centre for registration:**

**<https://familypsychology.org/upcoming-events>  
[admin@familypsychology.org](mailto:admin@familypsychology.org) | [416.848.1829](tel:416.848.1829)**

