



Emotion Focused Therapy for Youth Online Clinician Training (EFT-Y)

Join the first generation of clinicians training in Emotion Focused Therapy for youth and their caregivers. Clinicians with prior emotion focused training as well as those new to the model are welcome. This training will include theoretical, technical, and practical components reinforced through seminar, video presentation, and experiential skills practice.

About the Facilitator

Dr. Mirisse Foroughe, C. Psych. obtained her PhD from York University and is the developer of EFT-Y based on Dr. Les Greenberg's model of EFT. She has received numerous awards and accolades for her work, including the CPA PFC Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe is the Chief Psychologist at Family Psychology Centre.



When: April 27 & 28, 2023 from 9:30am-4:30pm

Cost: \$499.00

Early Bird by Feb 1: \$399.00



Contact Family Psychology Centre for registration:

<https://familypsychology.org/upcoming-events>

admin@familypsychology.org | 416.848.1829

