



**Family
Psychology
Centre**

Emotion Focused Therapy for Youth Clinician Training (EFT-Y)

Join the first generation of clinicians training in Emotion Focused Therapy for youth and their caregivers. Clinicians with prior emotion focused training as well as those new to the model are welcome. This training will include theoretical, technical, and practical components reinforced through seminar, video presentation, and experiential skills practice.

About the Facilitator

Dr. Mirisse Foroughe, C. Psych.

Dr. Foroughe obtained her Ph.D. from York University and has received numerous awards and accolades in the field, including the CPA Innovative Service Award and the OPA Harvey T. Brooker Award for Excellence in Clinical Teaching. Dr. Foroughe serves as Director of the Emotion Transformation Institute in Toronto and is the Chief Psychologist at Family Psychology Centre.



Dates: March 30 & 31, 9:30am-4:30pm

Cost: \$599 Cdn.

Location: In Person in midtown Toronto

Early Bird Discount by Mon Dec 19: \$450 Cdn.

Non-Refundable Deposit: \$200 Cdn.

Registration Limited to 30 Clinicians

Contact Family Psychology Centre for registration:

**<https://familypsychology.org/upcoming-events>
admin@familypsychology.org | 416.848.1829**