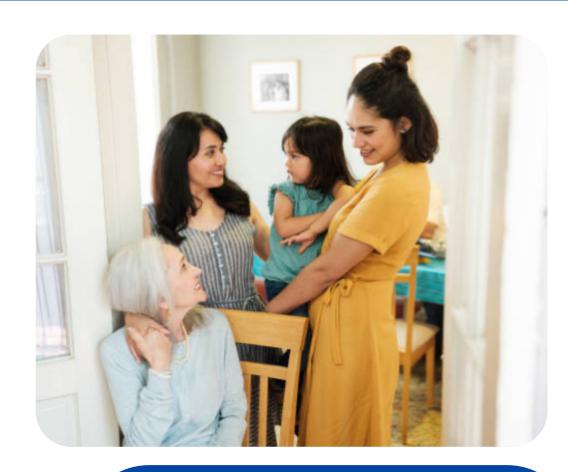


Emotion Focused Family Therapy (EFFT) Online Caregiver Workshop

Is your child having difficulty regulating intense emotions or behavior?



Are they **struggling**with anxiety,
depression, anger,
acting out, coping with
change, eating
disorders, or parental
separation?



EFFT can help support
your child's emotional
regulation,help
improve your
relationship, and set
appropriate limits at
any age!



Join us for an EFFT workshop for parents and caregivers of children of any age.

Hosted online through secure video.

Thursday, September 23rd & Friday, September 24th, 2021 10:00 AM - 4:00 PM

Contact us at: efftworkshop@drmirisse.com (416) 901-0465