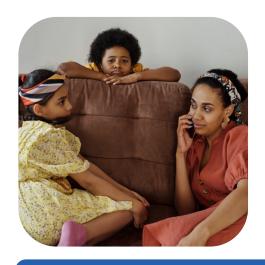


Emotion Focused Family Therapy (EFFT) Online Caregiver Workshop

EFFT can help you support your child's emotion regulation, help improve your relationship, and set up appropriate limits at any age!



Are they struggling with anxiety, depression, anger, acting out, coping with change, eating disorders or parental separation?



Is your child having difficulty regulating intense emotions or behaviour?



What: Workshop for parents and caregivers of children any age

When: Thurs. March 25th & Friday March 26th

Where: Online through secure video

Contact us:

efftworkshop@drmirisse.com

(416) 901-0465